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| **Week one**  | **Lunch**  | **Dessert**  | **Tea**  |
| Monday  | Chicken goujons with potato wedges and peas  | Spiced sponge with custard | Scandinavian beef hash |
| Tuesday  | Roast turkey with potatoes and broccoli  | Braised apples and sultanas | Baked eggs with vegetables |
| Wednesday | Traditional fish pie and carrots | Orange and cinnamon cake | Tomato pasta with cheese |
| Thursday  | Smokey BBQ beef with vegetables and potatoes | Strawberry yoghurt  | Lemon chicken with orzo |
| Friday  | Irish stew with dumplings and sweetcorn | Melon slices | Tuna pasta bake |

We offer **breakfast** between 8-9am including a variety of fruits, cereals, yoghurts & toast.



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| **Week two**  | **Lunch**  | **Dessert**  | **Tea**  |
| Monday  | Cottage pie with carrots  | Pineapple slices  | Herby tomato turkey with potatoes |
| Tuesday | Korma curry with rice | Orange and cinnamon cake | Mascarpone pasta |
| Wednesday  | Lamb moussaka with broccoli | Yoghurt  | Beef chilli  |
| Thursday  | Pizza with diced Peppers | Poached Pears | Chicken and pea pasta |
| Friday  | Tomato fish pasta with peas | Melon slices  | Pea and pepper frittata |

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| **Week three** | **Lunch**  | **Dessert**  | **Tea**  |
| Monday  | Tikka turkey with rice  | Pineapple slices  | Lamb and chickpea stew  |
| Tuesday | Shepherd’s pie with peas  | Yoghurt  | Chicken and tomato orzo bake |
| Wednesday  | Roast chicken with potatoes and carrots  | Poached pears  | Spanish tortilla  |
| Thursday  | Fish fingers with potato wedges and broccoli  | Flapjack | Cheesy peasy pasta |
| Friday  | Pasta Bolognese with sweetcorn | Yoghurt  | Mini jackets with sweet chilli chicken  |

**Mid-morning & afternoon snacks** include a fruits, crackers, breads and dips.

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