

## Wivenhoe Park Day Nursery Summer Menu 2021

Week one	Lunch	Dessert	Tea
Monday	Chicken goujons with potato wedges and peas	Spiced sponge with custard	Scandinavian beef hash
Tuesday	Roast turkey with potatoes and broccoli	Braised apples and sultanas	Baked eggs with vegetables
Wednesday	Traditional fish pie and carrots	Orange and cinnamon cake	Tomato pasta with cheese
Thursday	Smokey BBQ beef with vegetables and potatoes	Strawberry yoghurt	Lemon chicken with orzo
Friday	Irish stew with dumplings and sweetcorn	Melon slices	Tuna pasta bake

Week two	Lunch	Dessert	Tea
Monday	Cottage pie with carrots	Pineapple slices	Herby tomato turkey with potatoes
Tuesday	Korma curry with rice	Orange and cinnamon cake	Mascarpone pasta
Wednesday	Lamb moussaka with broccoli	Yoghurt	Beef chilli
Thursday	Pizza with diced Peppers	Poached Pears	Chicken and pea pasta
Friday	Tomato fish pasta with peas	Melon slices	Pea and pepper frittata

Week three	Lunch	Dessert	Tea
Monday	Tikka turkey with rice	Pineapple slices	Lamb and chickpea stew
Tuesday	Shepherd's pie with peas	Yoghurt	Chicken and tomato orzo bake
Wednesday	Roast chicken with potatoes and carrots	Poached pears	Spanish tortilla
Thursday	Fish fingers with potato wedges and broccoli	Flapjack	Cheesy peasy pasta
Friday	Pasta Bolognese with sweetcorn	Yoghurt	Mini jackets with sweet chilli chicken

We offer **breakfast** between 8-9am including a variety of fruits, cereals, yoghurts & toast.



**Mid-morning & afternoon snacks** include a fruits, crackers, breads and dips.

