

# NURSERY MEALS

## SAMPLE MENU

### Breakfast

New York granola slice  
Scrambled egg on toast  
Porridge  
English muffin and preserves  
French toast and preserves

### Snack

Apple slices  
Savoury scone  
Vegetable sticks and hummus  
Warm pitta and salsa dip  
Pear slices  
Veg slices and cream cheese  
Satsuma quarters

### Lunch

Salmon and pea pasta  
Cottage pie and broccoli  
Mexican chicken fajita wrap  
Toad in the hole and seasonal vegetables  
Fish pie  
Fish, spinach and potato curry  
Bean chilli con carne with rice

If you need to make us aware of any allergies or other dietary requirements for your child, please just have a chat with your Key Person and we will ensure that we provide a suitable alternative.



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### Tea

Jacket potato and cream cheese  
Vegetable tagine and couscous  
Homemade Sausage rolls and beans  
Squash and lentil soup and soldiers  
Chinese chicken stir-fry  
Tomato and mascarpone risotto  
Cheese and rocket panini with cucumber

### Dessert

Creamy Greek yoghurt  
Cinnamon and raisin rice pudding  
Apple compote  
Pineapple slices  
Poached mandarins  
Cinnamon shortbread  
Melon slices

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