

NURSERY MEALS

SAMPLE MENU

Breakfast

Cereals
Granola
Toast
Fruit

Snacks

Variety of fresh fruits
Cucumber with hummus
Breadsticks with tzatziki
Cheese cubes, tomato and crackers
English muffin with jam
Falafel with hummus

Lunch

Salmon, spinach and sweet potato curry
Mexican pulled pork burrito
BBQ courgette & red pepper burrito
Roast chicken with new potatoes and peas
Spinach and sweet potato curry
Salmon, leek and broccoli pasta

If you need to make us aware of any allergies or other dietary requirements for your child, please just have a chat with your Key Person and we will ensure that we provide a suitable alternative.

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SAMPLE MENU

Tea

Mushroom, leek and pea pasta
Butternut squash risotto
Chicken Chow Mein
Mixed bean vegetable chilli jacket potato
Homemade sausage roll with baked beans
Fish pie with peas

Dessert

Peaches
Homemade fruit crumble and custard
Lemon and blueberry cake
Pineapple slice
Yoghurt with fruit puree
Bananas and custard

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