

# NURSERY MEALS

## SAMPLE MENU

### Breakfast

Cereals  
Granola  
Toast  
Fruit

### Snacks

Variety of fresh fruits  
Cucumber with hummus  
Breadsticks with tzatziki  
Cheese cubes, tomato and crackers  
English muffin with jam  
Falafel with hummus

### Lunch

Salmon, spinach and sweet potato curry  
Mexican pulled pork burrito  
BBQ courgette & red pepper burrito (V)  
Roast chicken with new potatoes and peas  
Spinach and sweet potato curry (V)  
Salmon, leek and broccoli pasta

If you need to make us aware of any allergies or other dietary requirements for your child, please just have a chat with your Key Person and we will ensure that we provide a suitable alternative.



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### Tea

Mushroom, leek and pea pasta  
Butternut squash risotto  
Chicken Chow Mein  
Mixed bean vegetable chilli jacket potato  
Homemade sausage roll with baked beans  
Fish pie with peas

### Dessert

Peaches  
Homemade fruit crumble and custard  
Lemon and blueberry cake  
Pineapple slice  
Yoghurt with fruit puree  
Bananas and custard

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