

Week 1					
	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Cereals, Granola, Toast and Fruit				
Morning Snack	Variety of Fresh Fruit				
Lunch	Mexican pulled pork burrito BBQ courgette & red pepper burrito (V option) both served with mixed salad & grated cheese	Vegetable & bean stroganoff with rice	Beef meatballs Quorn meatballs (V option) both served with pasta	Mild seasonal vegetable korma with rice	Vegetable Lasagne with sweetcorn
Dessert	Mandarin segments	Melon slices	Yoghurt with fruit puree	Pineapple upside down cake & custard	Peaches
Afternoon Snack	Cheese, tomato and crackers	Carrot sticks with guacamole	Fresh fruit salad	Pitta fingers with hummus	Cucumber with cream cheese
Tea	Mixed bean vegetable chilli jacket potato	Homemade sausage roll Vegan sausage roll (V option) both served with homemade baked beans	Fish Pie Vegetable Pie (V option) served with peas	Tomato & mascapone pasta	Build your own Sandwich including cheese, ham and tuna Fresh Fruit

Please note that fruit baskets are available for the children at every snack and mealtime

Week 2					
	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Cereals, Granola, Toast and Fruit				
Morning Snack	Variety of Fresh Fruit				
Lunch	Cheesy pea & broccoli pasta	Sausage bolognaise Vegetable ragout (V option) both served with spaghetti	Salmon, spinach & sweet potato curry Spinach & sweet potato curry (V option) both served with rice	Gammon Tofu steak (V option) both served with new potatoes, carrots & parsley sauce	Vegetable & chickpea tagine with cous cous
Dessert	Peaches	Homemade fruit crumble & custard	Lemon & blueberry cake	Pineapple slices	Yoghurt with fruit puree
Afternoon Snack	Crumpet & jam	Fruit Salad	Carrot sticks & hummus	Homemade fruit flapjack	Fruit basket
Tea	Chicken Chow Mein Vegetable Chow Mein (V option) Both served with noodles	Jacket Potato cheese and homemade beans	Pea pesto pasta	Mozzarella, onion & tomato pitta pizza with sweetcorn	Macaroni cheese & ham Macaroni cheese (V option)

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Week 3					
	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Cereals, Granola, Toast and Fruit				
Morning Snack	Variety of Fresh Fruit				
Lunch	Sweet potato & chickpea curry with rice	Roast Chicken Roasted vegetable parcel with tomato sauce (V option) Both served with new potatoes & peas	Salmon, leek & broccoli pasta Broccoli, leek & sweetcorn pasta (V option)	Chicken fajita Vegetable fajita (V option)	Mixed bean and tomato gnocchi bake
Dessert	Pear slices	Yoghurt with fruit puree	Peach slices	Fresh fruit salad	Bananas & custard
Afternoon Snack	Cucumber with hummus	Breadstick with tzatziki	Cheese cubes with tomato and cracker	Muffin & jam	Falafal with hummus
Tea	Mixed bean & sausage bake Mixed bean bake (V option)	Mushroom, leek & pea pasta	Butternut squash risotto	Baked potato with homemade beans	Build your own sandwich', including cheese, ham & tuna Fresh Fruit

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